



Community Support Services throughout Renfrew County want to reach out to seniors and adults living with a disability during this difficult time

For details on services available (Meals on Wheels - hot & frozen, transportation, virtual/phone contact), you can call the Community Support Service nearest you (Mon-Fri):

Renfrew: 613-432-7691
Calabogie: 613-752-2828
Pembroke: 613-732-9993
Arnrior: 613-623- 7981

Deep River: 613-584-1900
Eganville: 613-628-2354
Barry's Bay: 613-756-2772

For online access to Community Support Services near you, including Grocery Delivery, Essential Transportation, Meal Delivery and Telephone Assurance, visit:

communitysupport.covidresponse.ca

If you are interested in volunteering during this time, visit:

communitysupport.covidresponse.ca/volunteer



If you are lonely and need to talk, "A Friendly Voice" is available from 8 am - midnight if you are feeling isolated at this time: 1-855-892-9992.

Dial 211 to locate a broad range of services, if your needs extend beyond what Community Support Services have to offer.