

Golden Age Activity Centre

212 Raglan St. S Renfrew 613-431-8289

For Seniors 50 and Over

~ May 2022~

Open 10am – 3pm

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|--|--|--|---|
|  <p>2. . 9- Bowling 10 – Coffee time 10:45-11:45 Exercise 12-1 Bring your lunch 1-3 Bingo and Bowling Crafts, knitting, quilling and quiet games</p> | <p>3. 10- Bowling 10 – Coffee time 10:45-11:45 Exercise 12-1 Bring your lunch 1-3 Bingo and Bowling Crafts, knitting, quilling and quiet games</p> | <p>3. 10- Bowling 10 – Coffee time 10:45-11:45 Exercise 12-1 Bring your lunch 1-3 Bingo and Bowling Crafts, knitting, quilling and quiet games</p> | <p>4. 10 - coffee time 10:45-11:45Exercise 12 - Pizza 1-3 Darts, Bridge and Any type Euchre & games African presentation by Alan and Mona Fox</p> | <p>5. . CARDS AND GAMES DAY 10- Coffee and Chat 10- Bridge, Euchre, crafters and knitters 12- Bring a lunch 1- Bid Euchre, Euchre, Board games CROCHETING RUGS CRAFT</p> | <p>6. LET'S CELEBRATE THE MOM 10- Coffe time 10:45 – Exercise 12- Mothers day Meal Pot Luck 1-3 Entertainment by: Kirk Warren, Bobby Swartz, Murry Kohlsmith 1:30 Jaxon our therapy dog</p> | |
| <p>HAPPY MOTHERS DAY</p>  <p>MEMBERS</p> | <p>9. 10- Bowling Tournament 10:45 Exercise 12-1 Bring your lunch 1-3 Bowling Tournament 1- Bingo, Crafts, knitting, quilling and quiet games</p> | <p>10. PROGRAMS CLOSED DUE TO A BOWLING BANQUET. 1pm: GOLDEN AGE AND COMMUNITY LIVING BOWLING BANQUET Bowling has ended and we will see you all in September 😊</p> | <p>11. 10 - coffee time 10:45-11:45Exercise 12 – Mac And Cheese Bake Community Resources by Angie Lepine 1:pm-3 Darts, Bridge and Any type Euchre & games</p> | <p>12. 10- Coffee and Chat 10- Bridge, Euchre, crafters and knitters 12- Bring a lunch 1- Bid Euchre, Euchre, Board games CROCHETING RUGS CRAFT</p> | <p>13. 10- Coffe time 10:45 – Exercise 12- Meat loaf and bun 1-3 Entertainment by: Alan Wright and Kevin Harrison 1:30 Jaxon our therapy dog</p> |  |
|  | <p>16. 10 – Coffee time 10:45-11:45 Exercise 12-1 Bring your lunch 1-3 Bingo Crafts, knitting, quilling and quiet games</p> | <p>17. 10-3 Carving, Painting Creative Day all day, 12-1 Bring a lunch Have art you want to work on Come on in and relax here</p> | <p>18. 10 - coffee time 10:45-11:45Exercise 12 - Pizza 1-3 Darts, Bridge and Any type Euchre & games "NEW" WASHERS AND CORNHOLE</p> | <p>19. 10- Coffee and Chat 10- Bridge, Euchre, crafters 12- Bring a lunch 1- Bid Euchre, Euchre, games 1:30 –PRESENTATION: Benefits of retirement living by Delaine Collin</p> | <p>20. 10- Coffe time 10:45 – Exercise 12- Ham & Cheese Quiche/Bun 1-3 Entertainment by: Pierre Desmarais 1:30 Jaxon our therapy dog HAPPY BIRTHDAY MEMBERS</p> | |
| <p>23</p> <p align="center">CLOSED Happy Long Weekend</p> | <p>24. 10-3 Carving, Painting Creative Day all day, 12-1 HIGH TEA, PETITE SANDWICHES AND SWEETS \$10 PER PERSON PLEASE SIGN UP AT THE FRONT DESK</p> | <p>25. 10 - coffee time 10:45-11:45Exercise 12 – Egg roll and Rice 1:pm-3 Darts, Bridge and Any type Euchre & games Frank Campbell Dennis Mellieur, Country from 1pm-2:30</p> | <p>26. 10- Coffee and Chat 10- Bridge, Euchre, crafters and knitters 12- Bring a lunch 1- Bid Euchre, Euchre, Board games CROCHETING RUGS CRAFT</p> | <p>27. 10- Coffe time 10:45 – Exercise 12- Beef Barley soup, grilled cheese 1-3 Entertainment by: KLOE BERTRAND, SPENCER SCHARFF 1:30 Jaxon our therapy dog</p> | | |
| <p>30. 10 – Coffee time 10:45-11:45 Exercise 12-1 Bring your lunch 1-3 Bingo Crafts, knitting, quilling and quiet games</p> | <p>31. 10-3 Carving, Painting Creative Day all day, 12-1 Bring a lunch Have art you want to work on Come on in and relax here BID EUCHRE TOURNAMENT \$5 STARTING AT 1:15</p> | | | <p>A MOTHERS LOVE</p>  | | |

