

Frozen Meals Order



Name			
Date Ordered		(GF) is gluten free	Delivery/Pickup
Meal	\$7.00 each	Quantity	
BBQ Meatballs Meatballs in our own BBQ sauce with rice			
Baked Beans (GF) Local Maple Syrup in Brown Beans			
Beef Barley Soup Homemade broth with beef & veg			
Beef Stew (GF) Beef cubes/gravy/potatoes/carrots			
Chicken Alfredo Pasta Bowtie Pasta/Chicken/Homemade Alfredo Sauce/mixed vegetables			
Chicken Casserole (GF) Chicken/Carrots/Potatoes/Gravy			
Chicken Rice Soup (GF) Homemade broth/vegetables/rice			
Chicken with Sweet & Sour sauce Chicken with homemade sauce Rice/Asian Green Bean			
Cabbage Rolls (2) (GF) Hamburg/Rice/Cabbage/Tomato			
Chili (GF) Hamburg/Kidney beans/Tomato Sauce, Brown beans			
Honey Garlic Meatballs Hamburg in homemade sauce/rice/zuc,mush,peppers			
Hamburger Soup Beef/Vegetables/Macaroni/Beef Broth			
Haddock with Dill sauce (GF) Fish/Rice Pilaf/Peas & Onion			
Lasagna Rolls (2) Lasagna /Meat Sauce/Cheese			
Vegetable Chili with Rice and cornbread			
Total # of Meals			
Meal	\$7.00 each	Quantity	
Liver & Onions Bacon/ mashed potatoes			
Maple Squash Casserole Squash/Onions/Hamburger/Peas			
Minestrone Soup Cabbage/Carrots/Celery/Pot/Tom/Lentils			
Macaroni & Cheese MAC & Creamy Homemade Cheddar Cheese Sauce			
Meatloaf Hamburger with tomatoes/rice/corn			
Pork Cutlet in Mushroom Sauce Roast Potatoes/Cabbage & onion			
Roast Beef Dinner (GF) Roast sirloin/potatoes/mixed vegetables/gravy			
Roast Pork Dinner (GF) Sliced pork loin/potatoes/gravy/carrots			
Salisbury Steak Beef patty/potatoes/green beans			
Sausage Penne Casserole Octoberfest sausage pieces with onions, mushrooms, peppers in a tomato sauce			
Shepherd's Pie (GF) Hamburg/Onions/MixedVeg/ Potato			
Smoked Ham Dinner Ham/Scallop potatoes/corn			
Spaghetti Bake Spaghetti/Meat Sauce/Cheese			
** DESSERTS \$4.75 each			
Brownie/Lemon cake/Date square/ Carrot Cake with icing			
TOTAL \$			