

Golden Age Activity Centre – September-2022

212 Raglan St. S Renfrew, Ontario – K7V 1R1 613-431-8289

Open 10 AM – 3 PM

Sun	Mon	Tue	Wed	Thu	Fri	Sat
CLOSED				1 10:00 - Coffee Time 10 – 12:00 – Card Games 1 – 3:00 Game Day 1 – 2:30 – Family Fued 1-3:00- Val's Crafts Fridge Magnets	2 10:00 - Coffee Time 10:45 – 11:45 Exercise 12 – 1:00 Pizza 1-3:00 Entertainment by: Bob Schwartz 1:30 – 3:00 Jaxon our therapy dog	CLOSED
CLOSED	5 CLOSED FOR THE LABOUR DAY HOLIDAY	6 10:00 - Coffee Time 10 -12:00 Carving 1-3:00 Bingo 1 – 3:00 Games/Cards	7 10:00 - Coffee Time 10:45-11:45 Exercise 12:00 – 1:00 - Macaroni Casserole & Bun 1-3:00 Game Day	8 10:00- Coffee Time 10 – 12:00 – Card Games 1 – 2:30 – Family Feud 1-3:00- Val's Crafts Fridge Magnets	9 10:00 - Coffee Time 10:45 – 11:45 Exercise 12 – 1:00 Taco Ring 1-3:00 Entertainment by: Tim Burns	CLOSED
CLOSED	12 9:00 – Bowling 10:00 – Coffee Time 10:45-11:45 Exercise 1-3:00 Bingo	13 10:00 - Coffee Time 10 -12:00 – Carving 1 – 3:00 Movie & Popcorn 1 – 3:00 Games/Cards	14 10:00 - Coffee Time 10:45-11:45 Exercise 12 – 1:00 - Baked Beans & Weiner's 1-3:00 – Open Mic Entertainment	15 10:00 - Coffee Time 10 – 12:00 – Card Games 1 – 2:30 – Family Feud 1-3:00- Val's Crafts Thanksgiving Pumpkins 3:00 – 4:00 Gentle Chair Yoga	16 10:00 - Coffee Time 10:45 – 11:45 Exercise 12- 1:00 Pot Luck 1-3:00 Entertainment by: Allan Wright	CLOSED
CLOSED	19 9:00 – Bowling 10:00 – Coffee Time 10:45-11:45 Exercise 1-3:00 Bingo	20 10:00 - Coffee Time 10-12:00 Carving 1 – 3:00 Let's play WII 1 – 3:00 Tea Cup Fairy Craft \$5 1 – 3:00 Games/Cards	21 10:00 - Coffee Time 10:45-11:45 Exercise 12:00 – 1:00 Sloppy Joes 1 – 2:30 – Eating Well On A Budget with Kristy Webb	22 10:00 - Coffee Time 10 – 12:00 – Card Games 1 – 2:30 – Family Feud 1-3:00- Val's Crafts Thanksgiving Pumpkins 3:00 – 4:00 Gentle Chair Yoga	23 10:00 – How to Take Your Blood Correctly – by Aikenheads 10:45 – 11:45 Exercise 12-1:00 Wraps 1-3:00 Entertainment by: Gaston Moreau & Les Deavy	CLOSED
CLOSED	26 9:00 – Bowling 10:00 – Coffee Time 10:45-11:45 Exercise 1-3:00 Bingo	27 10:00 - Coffee Time 10-12:00 Carving 1 – 3:00 Movie & Popcorn 1 – 3:00 Games/Cards	28 10:00 - Coffee Time 10:45-11:45 Exercise 12:00 – 3:00 Bid Euchre Tournament - \$10 – Serving: Italian Sausage Pasta	29 10:00 - Coffee Time 10 – 12:00 – Card Games 1 – 2:30 – Family Feud 1-3:00- Val's Crafts – Garden Balls 3:00 – 4:00 Gentle Chair Yoga	30 -- Happy Birthday Members 10:00 - Coffee Time 10:45 – 11:45 Exercise 12-1:00 Cheeseburgers 1-3:00 Entertainment by: Murray Langford & Les Deavy	CLOSED