



Order call Christine at Renfrew Seniors' Home Support (613) 432-7691

Name			
Address			
Phone		Date Ordered	

<p>1. Alfredo Chicken, Tender roasted chicken breast sauteed in our own rich alfredo sauce. Served with seashell pasta.</p>		<p>9. Chicken Pot Pie, fresh stewed chicken breast, onions, celery, and carrots with diced potatoes in gravy and topped off with a home baked pie crust.</p>	
<p>2. Bar-B-Q Chicken, Slow grilled chicken with BBQ sauce, onions, celery, mushrooms and carrots. Served with rice pilaf.</p>		<p>10. Chicken Stew, fresh chicken breast, onions, celery, carrots with diced potatoes in gravy, in a baked pie crust.</p>	
<p>3. Beef Stew, Tender cubes of steak with gravy, potato, carrots, celery, onions, and herbs.</p>		<p>11. Chili, Savoury ground beef stewed in diced tomato sauce with kidney beans and select herbs and spices.</p>	
<p>4. Beef Stroganoff, Tender steak simmered in beef broth with fresh mushrooms, onions, and zucchini. Served with broad egg noodles.</p>		<p>12. Dill Haddock, Grilled Haddock, onions, zucchini, and mushrooms. Served with rice pilaf.</p>	
<p>5. Bowtie Pesto Chicken, bowtie shaped pasta tossed with chicken breast, parmesan cheese and a tomato pesto sauce.</p>		<p>13. Harvest Chicken, Chicken breast with fresh zucchini, mushrooms, onions, and rice pilaf. Served in a tomato cream sauce.</p>	
<p>6. Breakfast, two scrambled eggs, smoked bacon, and our seasoned home style potatoes.</p>		<p>14. Honey Garlic MB, Meatballs tossed in a honey-garlic glaze, mixed with zucchini, mushrooms and onions. Served with rice.</p>	
<p>7. Butter Chicken, fresh tender chicken breast stewed with sweet potato, paprika, pepper, garlic, ginger, zucchini, mushrooms, onions, cinnamon, and cilantro.</p>		<p>15. Italian Casserole, homemade meat sauce baked with macaroni noodles topped with a blend of cheeses.</p>	
<p>8. Chicken Creole, Fresh tender chicken breast stewed in chili spiced tomato sauce, carrots, celery, onions, and green peppers. Served with rice pilaf.</p>		<p>16. Lasagne, rich meat sauce layered with broad noodles, parmesan, mozzarella, and cheddar cheeses.</p>	

of Meals _____ x **\$7.50** = _____ Client is paying by: cash/cheq
 Cheques Payable to: Renfrew Seniors' Home Support Meals to be Delivered? Yes / No



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17. Lemon Dill Chicken , fresh diced chicken breast, garlic, onions, basil, oregano, dill and lemon juice stewed with diced tom., celery, mushrooms, carrots and rice.	
18. Liver & Onions , Roast baby beef liver with fried onions and gravy served with mashed potatoes, turnips, carrots, and peas.	
19. Mac n Cheese , A blend of noodles, three cheeses, and crisp breadcrumbs.	
20. Maple Ham , maple glazed ham and pineapple served with scalloped potatoes and carrots.	
21. Meatloaf , baked to perfection, served with carrots, and mashed potatoes and gravy.	
22. Mushroom Chicken , grilled BB chicken, juicy steamed mushrooms, tomato sauce, zucchini, onions, and carrots, with rice.	
23. Pineapple Chicken , tender chicken breast marinated in pineapple sauce, green peppers, onions, and rice.	
24. Pork Tenderloin , medallions of pork in au jus with onions carrots, celery, and potatoes.	
25. Pulled Pork , slow roasted and pulled pork with BBQ sauce, diced tomatoes, onions, zucchini, carrots, and mushrooms. Served with rice pilaf.	
26. Roast Beef Dinner , Tender slow cooked roast beef smothered in gravy. Served with green beans and mashed potatoes.	
27. Salmon Fusion , Salmon filet chunks tossed with corn, beans, celery, and onion and flavoured with lemon and basil pesto. Served with rice.	
28. Shepherds Pie , seasoned ground beef with a layer of creamed corn and corn niblets, topped with mashed potatoes.	
29. Spaghetti , rich meat sauce served on a bed of spaghetti noodles and Parmesan cheese.	
30. Souvlaki Chicken , Lemon, garlic, and herb marinated chicken breast. Served on a bed of rice with green peppers, onions, tomatoes.	
31. Steak & Mushroom Pie , slow cooked steak, onions, celery and carrots stewed with diced potato in gravy, topped with baked pie crust.	
32. Swedish MB , egg noodles and savoury meatballs tossed in our homemade gravy and green peppers and onions.	
33. Swiss Steak , onion, turnip, carrots, tomato & peppers, fried with our own marinated steak and gravy with roasted potatoes.	
34. Turkey Dinner , Roasted turkey with gravy served with mashed potatoes, peas and carrots.	
35. Cabbage Rolls , beef with rice wrapped in cabbage leaves stewed in tomato sauce with zucchini, mushrooms, carrots with rice.	
36. Teriyaki Chicken ,	
37. Minestrone Soup, Beef Barley Soup, Chicken Noodle Soup, Vegetable Soup \$4.50	
38. Mini Pies (Apple, Raisin, Raspberry, Blueberry, Pumpkin) \$5.00 each Date Squares & Brownies \$5.00	

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