



To Order call Sarah at Seniors Home Support 1 (613) 366-4747

Name:	Date Ordered:
Address:	
Phone Number:	
DELIVERY PICKUP	

Alfredo Chicken , Tender roasted chicken breast sauteed in our own rich alfredo sauce. Served with seashell pasta.	
Bar-B-Q Chicken , Slow grilled chicken with BBQ sauce, onions, celery, mushrooms and carrots. Served with rice pilaf.	
Beef Stew , Tender cubes of steak with gravy, potato, carrots, celery, onions, and herbs.	
Beef Stroganoff , Tender steak simmered in beef broth with fresh mushrooms, onions, and zucchini. Served with broad egg noodles.	
Bowtie Pesto Chicken , bowtie shaped pasta tossed with chicken breast, parmesan cheese and a tomato pesto sauce.	
Breakfast , two scrambled eggs, smoked bacon, and our seasoned home style potatoes.	
Butter Chicken , fresh tender chicken breast stewed with sweet potato, paprika, pepper, garlic, ginger, zucchini, mushrooms, onions, cinnamon, and cilantro.	

Cabbage Rolls beef with rice wrapped in cabbage leaves stewed in tomato sauce with zucchini, mushrooms, carrots and rice.	
Chicken Pot Pie , Fresh chicken breast, onions, celery, and carrots stewed with diced potato in chicken gravy, topped off with a home baked pie crust.	
Chicken Stew , Fresh chicken breast, onions, basil, and oregano, stewed with diced potato, celery, mushrooms and carrots.	
Chili , Savoury ground beef stewed in diced tomato sauce with kidney beans and select herbs and spices.	
Dill Haddock , Grilled Haddock, onions, zucchini, and mushrooms. Served with rice pilaf.	
Harvest Chicken , Chicken breast with fresh zucchini, mushrooms, onions, and rice pilaf. Served in a tomato cream sauce.	
Honey Garlic MB , Meatballs tossed in a honey-garlic glaze, mixed with zucchini, mushrooms and onions. Served with rice.	

of Meals _____ x \$8.25 = _____ # of Soups _____ x \$5.25= _____

Grand Total: \$ _____

Client is paying by cash or cheque Cheques Payable to: Renfrew Seniors Home Support



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Italian Casserole , homemade meat sauce baked with macaroni noodles topped with a blend of cheeses.	
Lasagne , rich meat sauce layered with broad noodles, parmesan, mozzarella, and cheddar cheeses.	
Lemon Dill Chicken , fresh diced chicken breast, garlic, onions, basil, oregano, dill and lemon juice stewed with diced tomato, celery, mushrooms, carrots and rice.	
Liver & Onions , Roast baby beef liver with fried onions and gravy served with mashed potatoes, turnips, carrots, and peas.	
Mac n Cheese , A blend of noodles, three cheeses, and crisp breadcrumbs.	
Maple Ham , maple glazed ham and pineapple served with scalloped potatoes and carrots.	
Meatloaf , baked to perfection, served with carrots, and mashed potatoes and gravy.	
Pineapple Chicken , tender chicken breast marinated in pineapple sauce, green peppers, onions, and rice.	
Pork Tenderloin , medallions of pork in au jus with onions carrots, celery, and potatoes.	
Pulled Pork , slow roasted and pulled pork with BBQ sauce, diced tomatoes, onions, zucchini, carrots, and mushrooms. Served with rice pilaf.	
Roast Beef Dinner , Tender slow cooked roast beef smothered in gravy. Served with green beans and mashed potatoes.	
Salmon Fusion , Salmon filet chunks tossed with corn, beans, celery, and onion and flavoured with lemon and basil pesto. Served with rice.	

Shepherds Pie , seasoned ground beef with a layer of creamed corn and corn niblets, topped with mashed potatoes.	
Spaghetti , rich meat sauce served on a bed of spaghetti noodles and Parmesan cheese.	
Steak & Mushroom Pie , slow cooked steak, onions, celery and carrots stewed with diced potato in gravy, topped with baked pie crust.	
Swiss Steak , onion, turnip, carrots, tomato & peppers, fried with our own marinated steak and gravy with roasted potatoes.	
Turkey Dinner , roasted turkey with gravy served with mashed potatoes, peas and carrots.	
Soups: <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> Beef Barley <input type="checkbox"/> </div> <div style="text-align: center;"> Chicken Noodle <input type="checkbox"/> </div> </div> <div style="display: flex; justify-content: space-around; margin-top: 10px;"> <div style="text-align: center;"> Vegetable <input type="checkbox"/> </div> <div style="text-align: center;"> Minestrone <input type="checkbox"/> </div> </div>	

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